

Announcing the 1st Annual

YMCA Adventure Triathlon

at
Mount Pisgah State Park



Mountain Bike ❖ Kayak ❖ Trail Run

Saturday, August 21st, 2010



On-site registration and check-in 7:30-8:30 am

Pre-race meeting 9:00 am

Start time 9:30 am



***Mountain Bikes only**

Kayak rentals available - contact Brad Beckwith at 570/268.8220 or 220adventures@live.com
Registration form on reverse

